



VIRTUAL CHILDREN'S HOSPITAL FOR  
LEARNING PEDIATRIC NURSING

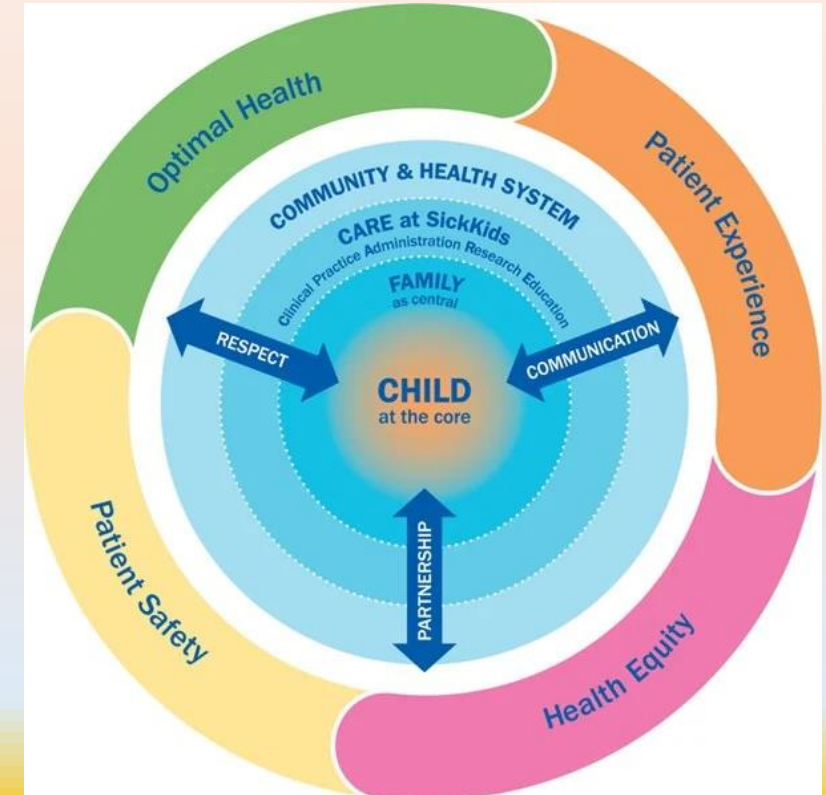
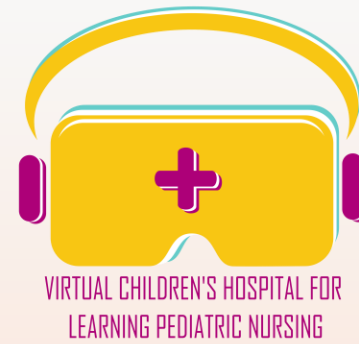
# Module 1

## Theory material 5: Family-Centered Care



# What is Family-Centered Care?

- Family-centered care (FCC) is defined as a collaborative partnership model where families are recognized and actively involved as partners in their child's healthcare.
- Core principles of FCC include demonstrating respect for families, facilitating shared decision-making, fostering open communication, taking a holistic approach to care, and empowering families to take an active role.
- FCC signifies a fundamental shift away from a traditional provider-centered model, where healthcare professionals make decisions unilaterally, to a family-centered model, that prioritizes family involvement and shared decision-making in all aspects of a child's care.





# Benefits and Implementation

## Benefits:

- improved patient satisfaction and adherence to treatment plans.
- Better health outcomes for children.
- Increased family confidence and coping skills.
- Stronger family-provider relationships.

## Implementation:

- Requires a fundamental attitude shift among healthcare providers.
- Needs ongoing education and training to support its implementation.
- Requires strong communication and collaboration strategies.



# Core Principles of FCC

- **Respect and Dignity:** Treating families with courtesy and empathy; valuing their input and perspectives.
- **Information Sharing:** Providing clear, complete, and timely information in a way families can understand.
- **Participation:** Encouraging family involvement in decision-making at the level they choose.
- **Collaboration:** Working together as partners to achieve shared goals.

# Effective Communication: Building Strong Partnerships



- Using clear, non-medical jargon.
- Introducing yourself and your role to families.
- Actively listening to family concerns and perspectives.
- Addressing family questions and concerns with sensitivity and empathy.
- Providing opportunities for families to ask questions and voice concerns.
- Sharing information about potential challenges and risks in a way that promotes understanding and informed decision-making.



# References

- \*Griffin, Terry, and Joanna Celenza. n.d. “Defining Family-Centered Care.” Pp. 1–2014 in. New York: Springer Publishing Company.
- \*Johnson, Mary Anbarasi. 2023. “Family Centered Care -It’s Necessity in Pediatric Nursing Care.” *Journal of BioMed Research and Reports* 2(6):1–3. doi: 10.59657/2837-4681.brs.23.039.

\*FIND THE ARTICLES IN ADDITIONAL MATERIALS AND READ MORE ABOUT FAMILY CENTERED CARE